



## SUMMARY OF PRODUCT CHARACTERISTICS

### 1. NAME OF THE MEDICINAL PRODUCT

BRONTIO 18 mcg Capsules with Inhalation Powder

### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

**Active substance:**

Each capsule for inhalation contains 0.022 mg tiotropium bromide equal to 0.018 mg tiotropium.

**Excipient(s):**

Lactose monohydrate (Inhalac 250) (from bovine milk) 9.893 mg

Lactose monohydrate (Lactohale 300)(from cow milk) 0.085 mg

For full list of excipients, see section 6.1.

### 3. PHARMACEUTICAL FORM

Capsule with white or off-white homogenous inhalation powder mixture.

Light green opaque, No.3 HPMC capsule.

### 4. CLINICAL PARTICULARS

#### 4.1 Therapeutic indications

BRONTIO is indicated in moderate and severe chronic obstructive pulmonary disease (COPD) for the daily maintenance treatment to reduce the frequency of exacerbations and symptoms and improves quality of life, but does not affect long term FEV<sub>1</sub> decrease.

#### 4.2 Posology and method of administration

BRONTIO capsules should be used only with their own device and only by oral inhalation.

#### Posology/frequency and duration of administration

**Adults:**

The recommended dosage of BRONTIO is inhalation of the contents of 1 capsule once daily.

The recommended dose should not be exceeded.

#### Method of administration

The inhalation should be made every day at the same time of day, with the inhalation device.

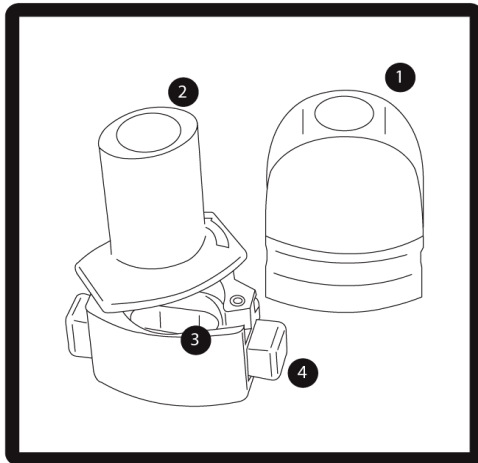
The capsules are not for oral administration.

#### **BRONTIO capsules must not be swallowed.**

To ensure proper administration of the drug, a physician or other health professional should teach and demonstrate to the patients how to use the inhaler in accordance with the package leaflet.

Detailed administration instructions are included in the package leaflet.

**Parts of Inhaler**

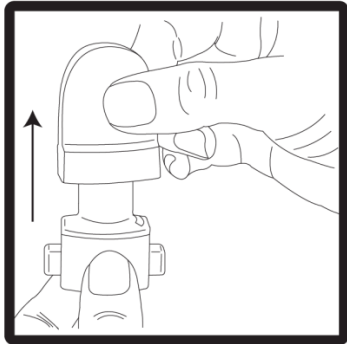

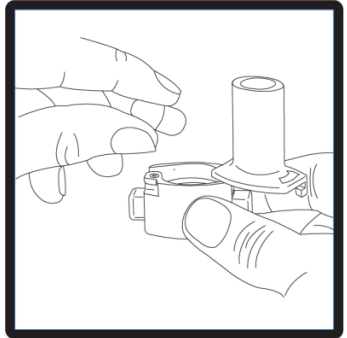




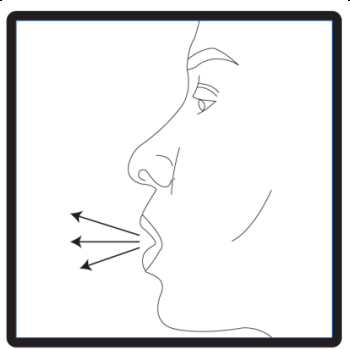

1. Cover
2. Mouthpiece
3. Capsule compartment
4. Punch button

**Use of inhaler**

Follow your doctor's instructions carefully, while using BRONTIO.

The inhaler device is a special configured device for the inhalation of BRONTIO capsules. It should not be used for any other medicine or purpose.

	<p>1. Pull off the cap.</p>
	<p>2. Open the capsule compartment.</p> <p>Hold the base of the inhaler firmly and turn the mouthpiece in the arrow direction to open.</p>
	<p>3. Make sure your fingers are completely dry.</p> <p>Take one capsule out of the blister strip. Place this capsule horizontally in the capsule compartment. It is important that you remove the capsule from the blister pack <b>only immediately</b> before you use it.</p> <p><b>IMPORTANT: Do not put the capsule into the mouthpiece!</b></p>

	<p>4. Close capsule compartment by turning the mouthpiece until you hear the "Click" sound.</p>
	<p>5. To release the powder from capsule:</p> <ul style="list-style-type: none"> <li>• Hold the device in the upright position with the mouthpiece facing upward.</li> <li>• Pierce the capsule by firmly pressing the two buttons on the edges <b>at the same time</b>. Do this <b>only once</b>.</li> </ul> <p><b>Note:</b> The capsule might splinter at this step and small capsule fragments might get into your mouth or throat. However, capsule fragments are not harmful. Removing the capsule right before use and pressing the sides only once will decrease the splintering risk of the capsule (see step 3).</p>
	<p>6. Breathe out fully.</p>
	<p>7. To inhale the medicine deeply into your airways:</p> <ul style="list-style-type: none"> <li>• Place the mouthpiece in your mouth and tilt your head slightly backwards.</li> <li>• Close your lips firmly around the mouth piece.</li> <li>• Inhale as strongly but steadily and as deeply as you can.</li> </ul> <p><b>Note:</b> You should hear a whirring noise as the capsule spins around in the space above the capsule compartment. If you do not hear this whirring noise, open the capsule compartment and check if the capsule is stuck in the capsule compartment. Then, repeat step 7. <b>DO NOT PRESS</b> the buttons repeatedly to release the capsule if it is jammed.</p>
<p>8. After breathing in through the device, hold your breath for as long as you comfortably can and remove the device from your mouth. Then breathe out through your nose. Open the capsule compartment to see if there is any powder left in the capsule. If there is, repeat steps 6 to 8.</p>	
<p>9. After you have used up all the powder, open the capsule compartment (see step 2). Remove the empty capsule.</p>	



**Cleaning of device:**

Use a DRY and clean tissue or a soft brush to remove any powder left inside and in the mouthpiece.  
Note: DO NOT USE WATER to clean the device.

Don't expose the capsules to high temperatures.

BRONTIO capsules contain only a small amount of powder and therefore are only partially filled.

**Additional information on special populations**

**Renal impairment**

Renally impaired patients can use BRONTIO at the recommended dose. Patients with moderate to severe renal impairment (creatinine clearance  $\leq 50$  ml/min) BRONTIO use should be monitored closely (see section 4.4 and section 5.2).

**Hepatic impairment**

Hepatically impaired patients can use BRONTIO at the recommended dose (see section 5.2).

**Pediatric population**

There is no relevant use of BRONTIO in the pediatric population (under 18 years) for COPD.

The safety and efficacy of BRONTIO for Cystic fibrosis in children and adolescents has not been established. No data are available.

**Geriatric population**

Elderly patients can use BRONTIO at the recommended dose.

**4.3 Contraindications**

BRONTIO is contraindicated in patients with a hypersensitivity to tiotropium bromide, atropine or its derivatives, e.g. ipratropium or oxitropium or to the excipient lactose monohydrate which contains milk protein.

**4.4 Special warnings and precautions for use**

Tiotropium bromide, as a once daily maintenance bronchodilator, should not be used for the initial treatment of acute episodes of bronchospasm, i.e. rescue therapy.

Immediate hypersensitivity reactions may occur after administration of tiotropium bromide inhalation powder.

Consistent with its anticholinergic activity, tiotropium bromide should be used with caution in patients with narrow-angle glaucoma, prostatic hyperplasia or bladder-neck obstruction (see section 4.8).

Inhaled medicines may cause inhalation-induced bronchospasm.

Tiotropium should be used with caution in patients with recent myocardial infarction <6 months; any unstable or life threatening cardiac arrhythmia or cardiac arrhythmia requiring intervention or a change in drug therapy in the past year; hospitalization of heart failure (NYHA Class III or IV) within the past year. These patients were excluded from the clinical trials and these conditions may be affected by the anticholinergic mechanism of action.



As plasma concentration increases with decreased renal function in patients with moderate to severe renal impairment (creatinine clearance  $\leq 50$  ml/min) tiotropium bromide should be used only if the expected benefit outweighs the potential risk. There is no long term experience in patients with severe renal impairment (see section 5.2).

Patients should be cautioned to avoid getting the drug powder into their eyes. They should be advised that this may result in precipitation or worsening of narrow-angle glaucoma, eye pain or discomfort, temporary blurring of vision, visual halos or colored images in association with red eyes from conjunctival congestion and corneal edema. Should any combination of these eye symptoms develop, patients should stop using tiotropium bromide and consult a specialist immediately.

Dry mouth, which has been observed with anti-cholinergic treatment, may in the long term be associated with dental caries.

Tiotropium bromide should not be used more frequently than once daily (see section 4.9).

BRONTIO capsules should only be used with the monodose inhaler device.

Excipients:

Each BRONTIO capsule contains 9.975 mg lactose. Patients with rare heredity problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

**4.5 Interactions with other medicinal products and other forms of interaction**

Although no formal drug interaction studies have been performed, tiotropium bromide inhalation powder has been used concomitantly with other drugs without clinical evidence of drug interactions. These include Sympathomimetic bronchodilators, methylxanthines, oral and inhaled steroids, commonly used in the treatment of COPD.

Use of LABA or ICS was not found to alter the exposure to tiotropium.

The co-administration of tiotropium bromide with other anticholinergic-containing drugs has not been studied and is therefore not recommended.

**Additional information on special populations**

No specific data.

**Pediatric population**

No specific data.

**4.6 Fertility, pregnancy and lactation**

**General principles**

Pregnancy category is C

**Women of child-bearing potential/Contraception**

Women of childbearing potential should use medically effective forms of contraception during treatment.



### **Pregnancy**

There are no adequate and well controlled studies in pregnant women. Animal studies do not indicate direct or indirect harmful effects with respect to reproductive toxicity at clinically relevant doses (see section 5.3). The potential risk for humans is unknown. Unless the potential benefit outweighs the risk to the fetus, it is preferable to avoid the use of BRONTIO during pregnancy.

Animal studies are insufficient with respect to effects on pregnancy /and-or/ embryonal/fetal development/ and-or/ parturition/ and-or/ postnatal development. The potential risk for humans is unknown.

### **Breastfeeding**

It is unknown whether tiotropium bromide is excreted in human breast milk. Despite studies in rodents which have demonstrated that excretion of tiotropium bromide in breast milk occurs only in small amounts, use of BRONTIO is not recommended during breast-feeding. Tiotropium bromide is a long-acting compound. A decision on whether to continue/discontinue breast-feeding or to continue/discontinue therapy with BRONTIO should be made taking into account the benefit of breast-feeding to the child and the benefit of BRONTIO therapy to the woman.

### **Fertility**

Clinical data on fertility are not available for tiotropium. A non-clinical study performed with tiotropium showed no indication of any adverse effect on fertility (see section 5.3).

Reproductive studies in rats or rabbits showed that harmful effects with respect to pregnancy, embryonal/fetal development, parturition or postnatal development could only be demonstrated at maternally toxic dose levels.

### **4.7. Effects on ability to drive and use machines**

No studies on the effects on the ability to drive and use machines have been performed. The occurrence of dizziness, blurred vision, or headache may influence the ability to drive and use machinery.

### **4.8. Undesirable effects**

#### Summary of the safety profile

Many of the listed undesirable effects can be assigned to the anticholinergic properties of BRONTIO.

#### Tabulated summary of adverse reactions

The frequencies assigned to the undesirable effects listed below are based on crude incidence rates of adverse drug reactions (i.e. events attributed to tiotropium) observed in the tiotropium group (9,647 patients) from 28 pooled placebo-controlled clinical trials with treatment periods ranging from 4 weeks to 4 years.

Frequency is defined using the following convention:

Very common ( $\geq 1/10$ ); common ( $\geq 1/100$  to  $< 1/10$ ); uncommon ( $\geq 1/1,000$  to  $< 1/100$ ); rare ( $\geq 1/10,000$  to  $< 1/1,000$ ); very rare ( $< 1/10,000$ ), not known (cannot be estimated from the available data)

<b><i>Metabolism and nutrition disorders</i></b>	
Not known	Dehydration
<b><i>Nervous system disorders</i></b>	
Uncommon	Dizziness, Headache, Taste disorders



Rare	Insomnia
<b><i>Eye disorders</i></b>	
Uncommon	Vision blurred
Rare	Glaucoma, Intraocular pressure increased
<b><i>Cardiac disorders</i></b>	
Uncommon	Atrial fibrillation
Rare	Supraventricular tachycardia, Tachycardia, Palpitations
<b><i>Respiratory, thoracic and mediastinal disorders</i></b>	
Uncommon	Pharyngitis, Dysphonia, Cough
Rare	Bronchospasm, Epistaxis, Laryngitis, Sinusitis
<b><i>Gastrointestinal disorders</i></b>	
Common	Dry Mouth
Uncommon	Gastroesophageal reflux disease, Constipation, Oropharyngeal candidiasis
Rare	Intestinal obstruction, including ileus paralytic, Gingivitis, Glossitis, Dysphagia, Stomatitis, Nausea
Not known	Dental caries
<b><i>Skin and subcutaneous tissue disorders, immune system disorders</i></b>	
Uncommon	Rash
Rare	Urticaria, Pruritus, Hypersensitivity (including immediate reactions), Angioedema
Not known	Anaphylactic reaction, Skin infection, skin ulcer, Dry skin
<b><i>Musculoskeletal and connective tissue disorders</i></b>	
Not known	Joint swelling
<b><i>Renal and urinary disorders</i></b>	
Uncommon	Dysuria, Urinary retention
Rare	Urinary tract infection

#### Description of selected adverse reactions

In controlled clinical studies, the commonly observed undesirable effects were anticholinergic undesirable effects such as dry mouth which occurred in approximately 4% of patients.

In 28 clinical trials, dry mouth led to discontinuation in 18 of 9,647 tiotropium treated patients (0.2%). Serious undesirable effects consistent with anticholinergic effects include glaucoma, constipation and intestinal obstruction including ileus paralytic as well as urinary retention.

#### **Information regarding special populations**

Geriatric population: An increase in anticholinergic effects may occur with increasing age.

#### Reporting of suspected adverse reactions:

Reporting suspected adverse reactions after authorization of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare officials are asked to report any suspected side effects to Turkey Pharmacovigilance Center (TÜFAM) ([www.titck.gov.tr](http://www.titck.gov.tr); e-mail: [tufam@titck.gov.tr](mailto:tufam@titck.gov.tr); Tel: +90 800 314 00 08; Fax: +90 312 218 35 99).

#### **4.9 Overdose**

High doses of tiotropium bromide may lead to anticholinergic signs and symptoms.

However, there were no systemic anticholinergic adverse effects following a single inhaled dose of up to 340 µg tiotropium bromide in healthy volunteers. Additionally, no relevant adverse effects,



beyond dry mouth, were observed following 7 day dosing of up to 170 µg tiotropium bromide in healthy volunteers. In a multiple dose study in COPD patients with a maximum daily dose of 43 µg tiotropium bromide over 4 weeks no significant undesirable effects have been observed.

Bilateral conjunctivitis in addition to dry mouth was seen in healthy volunteers following repeated once daily inhalation of 141 µg tiotropium, which resolved while still under treatment. In a multiple dose study in COPD patients with a maximum daily dose of 36 µg tiotropium over four weeks dry mouth was the only observed adverse effect attributable to tiotropium.

Acute intoxication by inadvertent oral ingestion of tiotropium bromide capsules is unlikely due to low oral bioavailability.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1. Pharmacodynamic properties**

Pharmacotherapeutic group: Other drugs for obstructive airway diseases, inhalants, anticholinergics  
ATC code: R03BB04

#### Mechanism of action

Tiotropium bromide is a long-acting, specific, muscarinic receptor antagonist, in clinical medicine often called an anticholinergic. By binding to the muscarinic receptors in the bronchial smooth musculature, tiotropium bromide inhibits the cholinergic (bronchoconstrictive) effects of acetylcholine, released from parasympathetic nerve endings. It has similar affinity to the subtypes of muscarinic receptors, M<sub>1</sub> to M<sub>5</sub>. In the airways, tiotropium bromide competitively and reversibly antagonizes the M<sub>3</sub> receptors, resulting in relaxation. The effect was dose dependent and lasted longer than 24h. The long duration is probably due to the very slow dissociation from the M<sub>3</sub> receptor, exhibiting a significantly longer dissociation half-life than ipratropium. As an N-quaternary anticholinergic, tiotropium bromide is topically (broncho-) selective when administered by inhalation, demonstrating an acceptable therapeutic range before systemic anticholinergic effects may occur.

#### Pharmacodynamic effects

The bronchodilation is primarily a local effect (on the airways), not a systemic one. Dissociation from M<sub>2</sub>-receptors is faster than from M<sub>3</sub>, which in functional in vitro studies, elicited (kinetically controlled) receptor subtype selectivity of M<sub>3</sub> over M<sub>2</sub>. The high potency and slow receptor dissociation found its clinical correlate in significant and long-acting bronchodilation in patients with COPD.

#### Cardiac electrophysiology

Electrophysiology: In a dedicated QT study involving 53 healthy volunteers, Tiotropium 18 mcg and 54 mcg (i.e. 3 times the therapeutic dose) over 12 days did not significantly prolong QT intervals of the ECG.

#### Clinical efficacy and safety

The clinical development program included four 1-year and two 6-month randomized, double-blind studies in 2663 patients (1308 receiving tiotropium bromide). The one-year program consisted of 2 placebo-controlled trials and 2 trials with an active control (ipratropium). The two 6-month trials were both, salmeterol and placebo controlled. These studies included lung function and health outcome measures of dyspnea, exacerbations and health-related quality of life.





### Lung function

Tiotropium bromide, administered once daily, provided significant improvement in lung function (forced expiratory volume in one second, FEV<sub>1</sub> and forced vital capacity, FVC) within 30 minutes following the first dose which was maintained for 24 hours. Pharmacodynamic steady state was reached within one week with the majority of bronchodilation observed by the third day. Tiotropium bromide significantly improved morning and evening PEF<sub>R</sub> (peak expiratory flow rate) as measured by patient's daily recordings. The bronchodilator effects of tiotropium bromide were maintained throughout the one-year period of administration with no evidence of tolerance.

A randomized, placebo-controlled clinical study in 105 COPD patients demonstrated that bronchodilation was maintained throughout the 24 hour dosing interval in comparison to placebo regardless of whether the drug was administered in the morning or in the evening.

### Long-term clinical trials (6 months and 1 year)

#### Dyspnea, Exercise tolerance

Tiotropium bromide significantly improved dyspnea (as evaluated using the Transition Dyspnea Index.). This improvement was maintained throughout the treatment period.

The impact of improvements in dyspnea on exercise tolerance was investigated in two randomized, double-blind, placebo-controlled trials in 433 patients with moderate to severe COPD. In these trials, six weeks of treatment with tiotropium significantly improved symptom-limited exercise endurance time during cycle ergometry at 75% of maximal work capacity by 19.7% (Trial A) and 28.3% (Trial B) compared with placebo.

#### Health-related Quality of Life

In a 9-month, randomized, double-blind, placebo-controlled clinical trial of 492 patients, tiotropium improved health-related quality of life as determined by the St. George's Respiratory Questionnaire (SGRQ) total score. The proportion of patients treated with tiotropium which achieved a meaningful improvement in the SGRQ total score (i.e. >4 units) was 10.9% higher compared with placebo (59.1% in the SPIRIVA groups vs. 48.2% in the placebo group (p=0.029). The mean difference between the groups was 4.19 units (p=0.001; confidence interval: 1.69-6.68). The improvements of the subdomains of the SGRQ-score were 8.19 units for "symptoms", 3.91 units for "activity" and 3.61 units for "impact on daily life". The improvements of all of these separate subdomains were statistically significant.

#### COPD Exacerbations

In a randomized, double-blind, placebo controlled trial of 1,829 patients with moderate to very severe COPD, tiotropium bromide statistically significantly reduced the proportion of patients who experienced exacerbations of COPD (32.2% to 27.8%) and statistically significantly reduced the number of exacerbations by 19% (1.05 to 0.85 events per patient year of exposure). In addition, 7.0% of patients in the tiotropium bromide group and 9.5% of patients in the placebo group were hospitalized due to a COPD exacerbation (p=0.056). The number of hospitalizations due to COPD was reduced by 30% (0.25 to 0.18 events per patient year of exposure).

A one-year randomized, double-blind, double-dummy, parallel-group trial compared the effect of treatment with 18 microgram of tiotropium once daily with that of 50 microgram of salmeterol HFA pMDI twice daily on the incidence of moderate and severe exacerbations in 7,376 patients with COPD and a history of exacerbations in the preceding year.

**Table 1:** Summary of exacerbation endpoints

<b>Endpoint</b>	<b>Tiotropium 18 mcg N = 3,707</b>	<b>Salmeterol 50 mcg N = 3,669</b>	<b>Ratio (95% CI)</b>	<b>p-value</b>
Time [days] to first exacerbation <sup>†</sup>	187	145	0.83 (0.77 - 0.90)	<0.001
Time to first severe (hospitalized) exacerbation <sup>§</sup>	-	-	0.72 (0.61 - 0.85)	<0.001
Patients with ≥1 exacerbation, n (%) <sup>*</sup>	1,277 (34.4)	1,414 (38.5)	0.90 (0.85 - 0.95)	<0.001
Patients with ≥1 severe (hospitalized) exacerbation, n (%) <sup>*</sup>	262 (7.1)	336 (9.2)	0.77 (0.66 - 0.89)	<0.001

<sup>†</sup> Time [days] refers to 1st quartile of patients. Time to event analysis was done using Cox's proportional hazards regression model with (pooled) center and treatment as covariate; ratio refers to hazard ratio.

<sup>§</sup> Time to event analysis was done using Cox's proportional hazards regression model with (pooled) center and treatment as covariate; ratio refers to hazard ratio. Time [days] for the 1st quartile of patients cannot be calculated, because proportion of patients with severe exacerbation is too low.

<sup>\*</sup> Number of patients with event were analyzed using Cochran-Mantel-Haenszel test stratified by pooled center; ratio refers to risk ratio.

Compared with salmeterol, Tiotropium increased the time to the first exacerbation (187 days vs. 145 days), with a 17% reduction in risk (hazard ratio, 0.83; 95% confidence interval [CI], 0.77 to 0.90; P<0.001). Tiotropium also increased the time to the first severe (hospitalized) exacerbation (hazard ratio, 0.72; 95% CI, 0.61 to 0.85; P<0.001).

#### Long-term clinical trials (more than 1 year, up to 4 years)

In a 4-year, randomized, double-blind, placebo-controlled clinical trial of 5,993 randomized patients (3,006 receiving placebo and 2,987 receiving Tiotropium), the improvement in FEV<sub>1</sub> resulting from Tiotropium, compared with placebo, remained constant throughout 4 years. A higher proportion of patients completed ≥45 months of treatment in the Tiotropium group compared with the placebo group (63.8% vs. 55.4%, p<0.001). The annualized rate of decline of FEV<sub>1</sub> compared to placebo was similar between Tiotropium and placebo. During treatment, there was a 16% reduction in the risk of death. The incidence rate of death was 4.79 per 100 patient years in the placebo group vs. 4.10 per 100 patient years in the tiotropium group (hazard ratio (tiotropium/placebo) = 0.84, 95% CI = 0.73, 0.97). Treatment with tiotropium reduced the risk of respiratory failure (as recorded through adverse event reporting) by 19% (2.09 vs. 1.68 cases per 100 patient years, relative risk (tiotropium/placebo) = 0.81, 95% CI = 0.65, 0.999).

## **5.2 Pharmacokinetic properties**

### **General Characteristics**

Tiotropium bromide is a non-chiral quaternary ammonium compound and is sparingly soluble in water. Tiotropium bromide is administered by dry powder inhalation. Generally with the inhaled route of administration, the majority of the delivered dose is deposited in the gastro-intestinal tract, and to a lesser extent in the intended organ of the lung. Many of the pharmacokinetic data described below were obtained with higher doses than recommended for therapy.

#### Absorption:

Following dry powder inhalation by young healthy volunteers, the absolute bioavailability of 19.5% suggests that the fraction reaching the lung is highly bioavailable. It is expected from the chemical structure of the compound (quaternary ammonium) that tiotropium is poorly absorbed from the



gastro-intestinal tract. Food is not expected to influence the absorption of tiotropium for the same reason. Oral solutions of tiotropium have an absolute bioavailability of 2-3%. Maximum tiotropium plasma concentrations were observed 5 - 7 minutes after inhalation.

At steady state, peak tiotropium plasma levels in COPD patients were 12.9 pg/ml and decreased rapidly in a multi-compartmental manner. Steady state trough plasma concentrations were 1.71 pg/ml.

Distribution:

Tiotropium has a plasma protein binding of 72% and shows a volume of distribution of 32 L/kg. Local concentrations in the lung are not known, but the mode of administration suggests substantially higher concentrations in the lung. Studies in rats have shown that tiotropium bromide does not penetrate the blood-brain barrier to any relevant extent.

Biotransformation:

The extent of biotransformation is small. This is evident from a urinary excretion of 74% of unchanged substance after an intravenous dose to young healthy volunteers. The ester tiotropium bromide is non-enzymatically cleaved to the alcohol (N-methylscopine) and acid compound (dithienylglycolic acid) that are inactive on muscarinic receptors.

*In vitro* experiments with human liver microsomes and human hepatocytes suggest that some further drug (<20% of dose after intravenous administration) is metabolized by cytochrome P450 (CYP) dependent oxidation and subsequent glutathion conjugation to a variety of Phase II-metabolites.

*In vitro* studies in liver microsomes reveal that the enzymatic pathway can be inhibited by the CYP450 2D6 (and 3A4) inhibitors, quinidine, ketoconazole and gestodene. Thus CYP450 2D6 and 3A4 are involved in metabolic pathway that is responsible for the elimination of a smaller part of the dose. Tiotropium bromide even in supra-therapeutic concentrations does not inhibit CYP 1A1, 1A2, 2B6, 2C9, 2C19, 2D6, 2E1 or 3A in human liver microsomes.

Elimination:

The effective half-life of tiotropium ranges between 27-45 h in COPD patients. Total clearance was 880 ml/min after an intravenous dose in young healthy volunteers. Intravenously administered tiotropium is mainly excreted unchanged in urine (74%). After dry powder inhalation by COPD patients to steady-state, urinary excretion is 7% (1.3 µg) of the unchanged drug over 24 hours, the remainder being mainly non-absorbed drug in gut that is eliminated via the feces. The renal clearance of tiotropium exceeds the creatinine clearance, indicating secretion into the urine. After chronic once daily inhalation by COPD patients, pharmacokinetic steady state was reached by day 7 with no accumulation thereafter.

Linearity/Nonlinearity:

Tiotropium demonstrates linear pharmacokinetics in the therapeutic range independent of the formulation.

**Characteristics in Patients**

Geriatric Patients:

As expected for all predominantly renally excreted drugs, advancing age was associated with a decrease of tiotropium renal clearance (365 ml/min in COPD patients <65 years to 271 ml/min in COPD patients ≥65 years) This did not result in a corresponding increase in AUC<sub>0-6,ss</sub> or C<sub>max,ss</sub> values.

Renally Impaired Patients:

Following once daily inhaled administrations of tiotropium to steady-state in COPD patients, mild renal impairment (CL<sub>CR</sub> 50-80 ml/min) resulted in slightly higher AUC<sub>0-6,ss</sub> (between 1.8-30% higher)



and similar  $C_{max,ss}$  values compared to patients with normal renal function ( $CL_{CR} > 80$  ml/min). In COPD patients with moderate to severe renal impairment ( $CL_{CR} < 50$  ml/min), the intravenous administration of tiotropium resulted in doubling of the total exposure (82% higher  $AUC_{0-4h}$ ) and 52% higher  $C_{max}$ ) compared to COPD patients with normal renal function, which was confirmed by plasma concentrations after dry powder inhalation.

Hepatically Impaired Patients:

Liver insufficiency is not expected to have any relevant influence on tiotropium pharmacokinetics. Tiotropium is predominantly cleared by renal elimination (74% in young healthy volunteers) and simple non-enzymatic ester cleavage to pharmacologically inactive products.

Japanese COPD Patients:

In cross trial comparison, mean peak tiotropium plasma concentrations 10 minutes post-dosing at steady-state were 20% to 70% higher in Japanese compared to Caucasian COPD patients following inhalation of tiotropium but there was no signal for higher mortality or cardiac risk in Japanese patients compared to Caucasian patients. Insufficient pharmacokinetic data is available for other ethnicities or races.

**Pharmacokinetic/Pharmacodynamic Relationship(s)**

There is no direct relationship between pharmacokinetics and pharmacodynamics.

**5.3 Preclinical safety data**

Many effects observed in conventional studies of safety pharmacology, repeated dose toxicity, and reproductive toxicity could be explained by the anticholinergic properties of tiotropium bromide. Typically in animals reduced food consumption, inhibited body weight gain, dry mouth and nose, reduced lacrimation and salivation, mydriasis and increased heart rate were observed. Other relevant effects noted in repeated dose toxicity studies were: mild irritancy of the respiratory tract in rats and mice evinced by rhinitis and epithelial changes of the nasal cavity and larynx, and prostatitis along with proteinaceous deposits and lithiasis in the bladder in rats.

Harmful effects with respect to pregnancy, embryonal/fetal development, parturition or postnatal development could only be demonstrated at maternally toxic dose levels. Tiotropium bromide was not teratogenic in rats or rabbits. In a general reproduction and fertility study in rats, there was no indication of any adverse effect on fertility or mating performance of either treated parents or their offspring at any dosage.

The respiratory (irritation) and urogenital (prostatitis) changes and reproductive toxicity were observed at local or systemic exposures more than five-fold the therapeutic exposure. Studies on genotoxicity and carcinogenic potential revealed no special hazard for humans.

**6. PHARMACEUTICAL PARTICULARS**

**6.1 List of excipients**

Lactose monohydrate (Inhalac 250) (from bovine milk)

Lactose monohydrate (Lactohale 300)(from cow milk)

No:3 HPMC capsule

Hypromellose

Brilliant blue FCF-FD & C Blue 1

Titanium dioxide

Yellow iron oxide



## **6.2 Incompatibilities**

There is no known incompatibility.

## **6.3 Shelf life**

24 months

## **6.4 Special precautions for storage**

Store at room temperature below 25°C. Do not freeze capsules.

Opened sachets should be used within 29 days or discarded after.

## **6.5 Nature and contents of container**

BRONTIO 18 mcg Capsules with Inhalation Powder are packaged in transparent PVC/PVDC-Alu blisters. Each blister contains 10 capsules which are packed into sachets of 3 blisters (30 capsules). Each cardboard box contains 1-2-3 sachets (30-60-90 capsules) and a monodose dry powder inhaler device with package leaflet.

## **6.6 Special precautions for disposal and other handling**

Any unused product or waste material should be disposed of in accordance with local disposal regulations.

## **7. MARKETING AUTHORIZATION HOLDER**

DEVA Holding A.Ş.

Halkalı Merkez Mah. Basın Ekspres Cad. No:1

34303 Küçükçekmece – İSTANBUL/TURKEY

## **8. MARKETING AUTHORIZATION NUMBER**

2017/604

## **9. DATE OF FIRST AUTHORIZATION/RENEWAL OF THE AUTHORIZATION**

Date of first authorization : 17.08.2017

Date of last renewal :

## **10. DATE OF REVISION OF THE TEXT**

04.05.2021